

PBCJ AFC NEWSLETTER

Issue 4
March 6, 2017



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CONNECT WITH US:

Website: www.pbcjafc.com.au

Facebook: <https://www.facebook.com/palmbeachcurrumbinjrafl/>

COACHES REQUIRED!

We are inviting applications for coaches for four of our teams.

Please contact the club **as soon as possible** regarding coaching positions for:

U/11 GOLD
U/12 Division 2
U/14 Division 2
U/16 Division 2

Please be aware that PBCJ AFC will pay for your coaching courses.

Please also be aware we have appointed both a Senior and Junior Coaching Co-ordinator, both of whom will provide support for our coaches throughout the season.

Please contact President Stephen Phelan or Secretary Eunice Ferguson to apply or for more information.

Club contacts and coaching appointments are here:

<http://www.pbcjafc.com.au/club-contacts.html>



COACHES CODE OF CONDUCT

PBCJAFc adopts and administers the following COACHES CODE OF CONDUCT:

- I will respect the rights, dignity and worth of all individuals within the context of my involvement in Australian Football, including refraining from any discriminatory practices on the basis of race, religion, ethnic background or special ability/disability.
- I will abide by and teach the AFL Rules and Regulations of Australian Football and the rules of my club and League/association.
- I will be reasonable in the demands I make in the time commitments of the players in my care, having due consideration for their health and well-being.
- I will be supportive at all times and I will refrain from any form of personal abuse or unnecessary physical contact with the players in my care.
- I will have due consideration for varying maturity and ability levels of my players when designing practice schedules, practice activities and involvement in competition.
- I will avoid overplaying the talented players aiming to maximize participation and enjoyment for all players regardless of ability. Where I am responsible for players in the 8-17 year old age group, I will strive to ensure that all players gain equal playing time (all players must receive a minimum of three quarters of a match)
- I will stress and monitor safety always.
- In recognising the significance of injury and sickness, I will seek and follow the physician's advice concerning the return of injured or ill players to training.
- I will endeavour to keep informed regarding sound principles of coaching and skill development and of factors relating to the welfare of my players.
- I will at all times display and teach appropriate sporting behaviour, ensuring that players understand and practice fair play.
- I will display and foster respect for umpires, opponents, coaches, administrators, other officials, parents and spectators.
- I will ensure that developing players are involved in a positive environment where skill learning and development as priorities are not overshadowed by a desire to win.
- I reject the use of performance enhancing substances in sport and will abide by the guideline set forth in the AFL DRUG POLICY.



FOOTY IS BACK!

Training for most teams has started! Superstar 6s and Super 8s commence Friday, April 21.



Ky Beach from U/10 and Brock Withers in U/9 at their first training of the season on Monday.

AGE GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
UNDER 9	4:30-5:30pm		4:30-5:30pm		
UNDER 10	4:30-5:30pm		4:30-5:30pm		
UNDER 11	4:00-5:15pm		4:00-5:15pm		
UNDER 12	4:00-5:30pm		4:00-5:30pm		
UNDER 14		4:00-5:00pm		4:00-5:00pm	
UNDER 16		5:00-6:00pm		5:00-6:00pm	
GIRLS	5:00-6:00pm (in Season)		5:00-6:00pm (in Season)		
AUSKICK/6s/8s					4:30-5:30pm
SENIORS		6:00pm -		6:00pm -	
MASTERS			6:00-7:30pm		



NO REGISTRATION, NO TRAIN!

It is compulsory for players to register before commencing training.

Parents, this is vital for insurance purposes and players who are not registered will not be able to take part in training sessions.

It is easy to register. Payment does not have to be made with registration.

Here's the link:

membership.sportstg.com/regofrm.cgi?aID=14414&pKey=55a103a04bafed5fbd240685174dab1&cID=59156&formID=36056

For Superstars (6s) go here:

<https://membership.sportstg.com/regofrm.cgi?formID=65305>

For Auskick, go to www.aflauskick.com.au

FOOTY BOOT DONATIONS

Please be sure to donate your old footy boots.

Drop your footy boots in to the club any day. We gratefully accept all donations of footy boots to ensure every player has the equipment they need to participate in our game.

COMPULSORY UNIFORMS

We have uniforms available for purchase or order ahead of the season.

All players require shorts (\$25) Polo Shirt (\$35) and Socks (\$12).

Under 12s and older require both Home and Away shorts (maroon and white).

We will have uniforms for sale at our club during most evening training sessions.

Please call Belinda Phelan on 0408 459 766 to organize your order or pickup.



OUR CLUB SONG

At PBCJAFc, our teams proudly sing our club song following each game.

PALM BEACH CURRUMBIN FOOTBALL SONG

*We're on the road
We're on the road
To Victory – With never a Worry
Or never a Care – Currumbin Wins
Currumbin Shows
Aussie Rules is the Game
That our Boys know.*

*We're on the road
We're on the road
To Victory
We're the Boys as strong as steel
We'll play it Hard and Fast
Play it right down to the last
And Win the Premiership
That's Us....Did We Win ????*

Here's the Website link:

<http://www.pbcjafc.com.au/club-song.html>

