



## PBCJ AFC COACHING PHILOSOPHY AND MODEL

### Introduction

PBCJ AFC offers teams for male and female players in the following age groups:

- Superstar 6s
- Super 8s
- U9.5
- U10.5

PBCJ AFC offers teams for male players in the following age groups:

- U11.5
- U12.5
- U14.5
- U16.5

PBCJ AFC offers teams for female players in the following age groups:

- U11.5
- U13.5
- U15.5
- U17.5

Male teams in the age groups U12.5, U14.5 and U16.5 play competitive fixtures and finals series.

Female teams in the age groups U13.5, U15.5 and U17.5 play competitive fixtures and finals series.

## Aims

1. To ensure that all PBCJ AFC players across all age groups are safe, have fun and receive training that advances their skills and abilities.
2. To prepare PBCJ AFC players for continued enjoyment of the game of Australian Rules football following their junior sport journey, whatever their desired pathway.



# Values

1. To deliver training that advances players' skills and abilities while also advancing club values including:

- Teamwork
- Leadership
- Effort
- Respect
- Sportsmanship
- Inclusion

2. To ensure that all PBCJAFc players have equal access to opportunities in training, development and game time which meets AFLQ junior football guidelines of playing time equivalent to  $\frac{3}{4}$  game.

3. To advance individual and team development and opportunities.



## Model

PBCJ AFC appoints minimum **2x coaching co-ordinators**.

1x Co-ordinator is responsible for coaching matters for male and female age groups from Superstar 6s to U11s.

1x Co-ordinator is responsible for coaching matters male and female age groups from U12s to U17s.

The club is considering a coaching co-ordinator for girls football.

PBCJ AFC's coaching model for **competitive age groups** is:

- Head Coach
- Minimum 3 Assistant coaches, including one assigned Division 2 Coach
- Minimum 2 Runners/Fitness coaches

PBCJ AFC's coaching model for **non-competitive age groups** (up to and including U11.5s) is:

- 2 x Coaches – 1 per team
- Minimum 2 assistant coaches/runners per team

All teams are supported by **1x team manager**

PBCJ AFC's coaching model requires all age group players to train together for minimum 1 x Session per week (Conference and Community)

PBCJ AFC's coaching model for non-competitive age groups requires all age group players to train together for minimum 1xsession per week (Gold and Blue teams).

## Coaching Selection Process

1. PBCJ AFC Committee appoints minimum 2 x Coaching Co-ordinators
2. PBCJ AFC appoints coaching sub-committee – including (but not limited to) PBCJ AFC President, 2xCoaching Co-ordinators, independent selector
3. Coaches apply for age group roles
4. Panel interview
5. Committee makes decision on appointments based on sub-committee selection recommendations

It is expected by the PBCJ AFC committee and coaching subcommittee that applicants for coaching positions present as a united team and coaches in Division 1 and Division 2 are fully committed to the group training model for minimum one session per week.

It is expected that the head coach implements group training and facilitates any extra expert training events, as available.



## Complaints Process

Coaches are volunteers and are valued by PBCJ AFC for the vital role they fulfil in the club.

To support coaches fulfilling their primary role of training players, PBCJ AFC adopts the following process for dealing with complaints concerning all coaching matters in cases where issues cannot be resolved immediately by way of friendly conversation between parties:

1. Parents, carers are not to approach or directly complain to coaches
2. Written or verbal complaint submitted to Coaching Co-ordinator or Committee
3. Coaching Co-ordinator reports written complaint and preferred solution to committee
4. Committee provides written response to complainant outlining solution and outcome.

